

Grimsargh St Michael's C of E Primary School



PSHE Policy

Let your light shine before people so that they may see your good works and glorify your Father in heaven (Matthew 5: v.16)

Inspiring, believing and achieving in our loving Christian community

The policy reflects the school values and philosophy which are in our Mission Statement in relation to the teaching and learning of PSHE and Citizenship at Grimsargh St Michael's C of E School.

Aim

To provide pupils with the knowledge, understanding attitudes, values and skills they need in order to reach their full potential as individuals and within a global and diverse community.

To encourage pupils to take part in a wide range of activities and experiences and understand how they are developing personally, emotionally and socially, tackling many of the spiritual, moral, cultural issues that are part of growing up, all while developing their understanding of diversity. A focus is placed on the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other peers and adults.

We aim to do this through the 'big ideas':

Relationships: I can build positive relationships with other children and adults.

Health: I can understand how to look after myself, both mentally and physically.

Respect: I can learn how to respect myself and others.

Objectives/ Pupil learning outcomes

The PSHE programme will support the development of the skills, attitudes, values and patterns of behaviour which enable pupils to,

- Have a sense of purpose
- Value self and respect others
- Form positive relationships
- Make and act on informed decisions

- Communicate effectively
- Work with others
- Respond to challenge with resilience
- Be active citizens within the local community
- Explore issues and British Values related to living in a democratic society
- Become healthy and fulfilled individuals
- Understand relationships
- Have a better understanding of and celebrate diversity in the UK

The PSHE Curriculum

PSHE is part of our whole school ethos. It is understood that pupils must feel safe and secure before sensitive issues and opinions can be considered and shared. The school follows the national curriculum statutory guidance for the teaching of Health, Sex and Relationships Education (See HRSE policy).

PSHE is also taught through Collective Worship themes.

The weekly celebration worship is when a range of achievements including those outside of school are recognised and celebrated. As a school, we also value the importance of entering as many team and sports events as we can.

The School Council and the Eco Council form an important part of developing understanding in PSHE in terms of demonstrating the democratic process and of helping develop a sense of responsibility in and for the school community. The councillor's job of reporting pupils' views to the Headteacher promotes the understanding that the individual pupil's opinions will be heard and do matter.

Opportunities exist throughout the curriculum for promoting pupils' personal, social and emotional development. Class teachers teach PSHE as discrete subjects and plan opportunities for learning through:

- Circle time activities
- Opportunities for reflection
- Class discussions
- Talk partners
- Presentations
- Written work
- Role play games e.g. putting oneself in another's shoes
- Parachute and cooperation and trust games
- Visitors are invited into school to deliver programmes as appropriate.
For example, the School Nurse, the Community Police and the Fire Service as well as parents and professionals from the local community.

The Scheme of Work

Grimsargh St Michael's Primary School has adopted and adapted the Coram Life Education (SCARF) and the units of work are allocated to terms and year groups as appropriate to ensure progression and coverage. We use the Coram SCARF resources to support our teaching of PSHE across EYFS, Key

Stage 1 and Key Stage 2 to ensure the teaching of PSHE AND HRE are consistent. Coram Life Education & SCARF are the UK's leading charity provider of PSHE and wellbeing education in primary schools. It is an up-to-date, whole school, fully comprehensive programme that fulfils the DfE statutory requirements for Relationships and Health Education. We have adapted the delivery of the Coram SCARF lessons in line with our HRE policy and our distinct Christian ethos. We review the materials annually to ensure they remain in line with this.

Each year group chooses either a 1-hour session fortnightly or a 30-minute session weekly (depending on the needs and suitability of the class) to teach discreet lessons covering appropriate topics and themes. Please see the PSHE curriculum overview for the half termly units for each year group. Opportunities also exist across the wider curriculum to promote pupils' personal, social and emotional development. Teachers are encouraged to adapt the teaching and learning of PSHE to suit individual class needs as and when needed.

The British Values

The British Values of Democracy, Rule of Law, Respect, Tolerance and Individual Liberty play an important part in the teaching of PSHE. These are incorporated into the curriculum where possible and highlighted on the curriculum overview to ensure teachers are aware of which British Values complement particular areas of learning. The British Values are also taught through whole school, key stage and class worship.

Evaluation of the programmes' effectiveness will be conducted on the basis of:

- Pupil interviews about the content of lessons and the learning involved
- Staff meeting time to review and share experiences
- Assessment of pupil learning outcomes
- PSHE floor book looks

Links with other policies

We recognise the clear link between PSHE and the following policies and staff are aware of the need to refer to these policies when appropriate:

- Health, Relationship and Sex Education (HRSE)
- Teaching and Learning
- Equal Opportunities
- Safeguarding and Child Protection
- Behaviour policy
- Anti- Bullying
- Online Safety

Assessment Recording and Reporting

Pupils' attainment is judged at Grimsargh St Michaels as part of an ongoing process, through pupil discussion, observation and written work. Assessment often takes place through the observation of

how pupils apply their knowledge, skills and understanding in class discussions, role play dramas and real experiences.

Each class as a PSHE floor book where the teacher and children can record any discussions, photos or written work.

Governors are informed of any developments and attainment in PSHE at appropriate stages.

Training and support for staff

Staff are updated with and informed of new initiatives as necessary and through the monitoring processes any training and resource needs are identified by the coordinator which feeds into the annual subject leader action plan.

Reviewed and updated: Sept 2026

Review date: Sept 2027

Reviewed by: Lucy Knight