

Grimsargh St Michael's C of E Primary School PSHE Overview 2026-27						
Rationale	Our PSHE curriculum is designed to be flexible and responsive to the needs of our pupils. Whilst providing a progressive framework for learning, it allows us to address emerging issues, safeguarding priorities and pupil needs as they arise. In line with statutory Relationships, Sex and Health Education (RSHE) guidance, the curriculum is regularly reviewed to ensure it remains relevant, inclusive and supports pupils' personal development, wellbeing and preparedness for life.					
British Values	Democracy, Rule of Law, Respect, Tolerance and Individual Liberty. By tailoring and teaching the SCARF curriculum you will be supporting this valuable area of children's learning, enabling them to make appropriate choices as they navigate the rich, varied, often complex and ever-evolving life in modern Britain - and the world. The British values run throughout our PSHE/HRE curriculum and most of them feature within each unit, however the focus areas are listed within the units below.					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Me and My Relationships All about me What makes me special Me and my special people Who can help me? My feelings My feelings (2) Rule of Law Respect Tolerance Individual Liberty	Valuing Differences I'm special, you're special Same and different Same and different families Same and different homes I am caring I am a friend Respect Tolerance Individual Liberty	Keeping Safe What's safe to go onto my body Keeping Myself Safe - What's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings Keeping safe online People who help to keep me safe Democracy Rule of Law Respect Tolerance Individual Liberty	Rights and Respect Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1): recognising, spending, using Looking after money (2): saving money and keeping it safe Democracy Rule of Law Respect Tolerance Individual Liberty	Being my Best Bouncing back when things go wrong Yes, I can! Healthy eating My healthy mind Move your body A good night's sleep Democracy Respect Tolerance Individual Liberty	Growing and Changing Seasons Life stages - plants, animals, humans Life Stages: Human life stage - who will I be? Where do babies come from? Getting bigger Me and my body - girls and boys Respect Tolerance Individual Liberty

Year 1	Me and My Relationships Why we have classroom rules? How are you listening? Thinking about feelings Our feelings Feelings and bodies Good friends Democracy Rule of Law Respect Tolerance Individual Liberty	Valuing Differences Same or different? Unkind, tease or bullying? Harold's school rules It is not fair! Who are our special people? Our special people balloons Respect Tolerance Individual Liberty	Keeping Safe Super sleep Who can help? Good or bad touches? Sharing pictures What could Harold do? Harold loses Geoffrey Democracy Rule of Law Respect	Rights and Respect Harold has a bad day Around and about the school Taking care of something Harold's money Basic first aid Democracy Rule of Law Respect	Being my Best I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike! Pass on the praise. Rule of Law Respect Tolerance Individual Liberty	Growing and Changing Heathy me Then and Now Taking care of a baby Who can help? Surprises and secrets Keeping privates private Rule of Law Respect Individual Liberty
Year 2	Me and my Relationships Our ideal classroom How are you feeling today? Let's all be happy! Being a good friend Types of bullying Don't do that! Bullying or teasing? Democracy	Valuing Differences What makes us who we are? My special people How do we make others feel? When someone is feeling left out An act of kindness Solve the problem Democracy Respect	Keeping Safe Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Democracy Rule of Law Respect	Rights and Respect Getting on with others When I feel like erupting Feeling safe Playing games Harold saves for something special How can we look after our environment? Democracy Respect Tolerance	Being my Best You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom What does my body do? My body needs... Basic first aid Democracy	Growing and Changing A helping hand Sam moves away Haven't you grown! My body, your body Respecting privacy Some secrets should never be kept Rule of Law

	Rule of Law Respect Tolerance Individual Liberty	Tolerance Individual Liberty		Individual Liberty	Respect Individual Liberty	Respect Tolerance Individual Liberty
Year 3	Me and my Relationships As a rule Looking after our special people How can we solve this problem? Tangram team challenge Friends are special Thunks Dan's dare Democracy Rule of Law Respect Tolerance Individual Liberty	Valuing Differences Respect and challenge Family and friends My community Our friends and neighbours Let's celebrate our differences Zeb Respect Tolerance Individual Liberty	Keeping Safe Safe or unsafe? Danger or risk? The Risk robot Super Searcher Help or harm? Alcohol and cigarettes: the facts Rule of Law Individual Liberty	Rights and Respect Helping each other to stay safe Recount task Our helpful volunteers Can Harold afford it? Earning money Harold's environment project Let's have a tidy up! Democracy Rule of Law Respect Individual Liberty	Being my Best Derek cooks dinner! (healthy eating) Poorly Harold Body team work For or against? I am fantastic! Top talents Getting on with your nerves! Respect Tolerance Individual Liberty	Growing and Changing Relationship tree Body space None of your business! Secret or surprise? Basic first aid Rule of Law Respect Individual Liberty
Year 4	Me and my Relationships Human machines Ok or not ok? Part 1 and 2. An email from Harold! Different feelings	Valuing Differences Can you sort it? What would I do? The people we share our world with That is such a stereotype!	Keeping Safe Danger, risk or hazard? How dare you! Keeping ourselves safe Raisin challenge Picture wise	Rights and Respect Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers	Being my Best What makes me ME! Making choices SCARF hotel Harold's Seven Rs My school community	Growing and Changing Moving house My feelings are all over the place! My changing body (Year 3) All change!

	Under pressure Democracy Respect Tolerance Individual Liberty	Friend or acquaintance? Islands Democracy Respect Tolerance Individual Liberty	Medicines: check the label Know the norms Traffic lights Democracy Rule of Law	Harold's expenses Why pay taxes? Democracy Rule of Law Respect	Basic first aid Volunteering is cool Democracy Rule of Law Respect Individual Liberty	Secret or surprise? Together Rule of Law Respect Tolerance
Year 5	Me and my Relationships Collaboration Challenge! Give and take Communication How good a friend are you? Relationship cake recipe Our emotional needs Being assertive Democracy Rule of Law Respect Tolerance Individual Liberty	Valuing Differences Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? Stop, start, stereotypes It could happen to anyone Democracy Respect Tolerance Individual Liberty	Keeping Safe Spot bullying Play, like, share Decision dilemmas Ella's diary dilemma Vaping: healthy or unhealthy? Would you risk it? 'Thinking' about habits Drugs: true or false? Smoking: what is normal? Democracy Rule of Law Individual Liberty	Rights and Respect What's the story? Fact or opinion? Mo makes a difference Rights, respect and duties Spending wisely Lend us a fiver! Local councils Democracy Rule of Law Respect	Being my Best It all adds up! Different skills My school community Independence and responsibility Star qualities? Basic first aid, including Sepsis Awareness Rule of Law Respect Individual Liberty	Growing and Changing <i>Preparing for changes at puberty (year 4)</i> How are they feeling? Taking notice of our feelings Dear Ash Growing up and changing bodies Help! I'm a teenager - get me out of here! Dear Hetty Rule of Law Respect Individual Liberty
Year 6	Me and my Relationships	Valuing Differences OK to be different	Keeping Safe	Rights and Respect Two sides to every story	Being my Best	Growing and Changing

	Working together Let's negotiate Solve the friendship problem Behave yourself Assertiveness skills Don't force me Acting appropriately Growing and Changing/Sex and Relationships Education How can I be clean and healthy as my body starts to change? Democracy Rule of Law Respect Tolerance Individual Liberty	We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? - challenging gender stereotypes Growing and Changing/Sex and Relationships Education <i>Changing bodies and feelings (year 5 lesson)</i> Democracy Respect Tolerance	Think before you click! It's a puzzle To share or not to share? Rat Park What sort of drug is...? Drugs: it's the law! Alcohol: what is normal? Joe's story Growing and Changing/Sex and Relationships Education Is this normal? Male and Female reproductive systems Menstruation Rule of Law Individual Liberty	Fakebook friends What's it worth? Jobs and taxes Happy shoppers - caring for the environment Democracy in Britain 1 – Elections Democracy in Britain 2 - How (most) laws are made Growing and Changing/Sex and Relationships Education Emotional Changes/Hormones Relationships and friendships Democracy Rule of Law Individual Liberty	This will be your life! Our recommendations What's the risk? Basic first aid, including Sepsis Awareness Five Ways to Wellbeing project Growing and Changing/Sex and Relationships Education Media manipulation Pressure online Respect Tolerance Individual Liberty	I look great! Helpful or unhelpful? Managing change <i>Making babies (parental contact – right to withdraw)</i> Online Sexual Content Intimate Images and online sharing Democracy Rule of Law Respect Tolerance Individual Liberty
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