

Grimstargh St Michael's C of E Primary School PSHE Overview 2023-24						
British Values	<p><b>Democracy, Rule of Law, Respect, Tolerance and Individual Liberty.</b></p> <p>By tailoring and teaching the SCARF curriculum you will be supporting this valuable area of children's learning, enabling them to make appropriate choices as they navigate the rich, varied, often complex and ever-evolving life in modern Britain - and the world.</p> <p>The British values run throughout our PSHE/HRE curriculum and most of them feature within each unit, however the focus areas are listed within the units below.</p>					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	<p><b>Me and My Relationships</b> All about me What makes me special Me and my special people Who can help me? My feelings My feelings (2)</p> <p><b>Rule of Law</b> <b>Respect</b> <b>Tolerance</b> <b>Individual Liberty</b></p>	<p><b>Valuing Differences</b> I'm special, you're special Same and different Same and different families Same and different homes I am caring I am a friend</p> <p><b>Respect</b> <b>Tolerance</b> <b>Individual Liberty</b></p>	<p><b>Keeping Safe</b> What's safe to go onto my body Keeping Myself Safe - What's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings Keeping safe online People who help to keep me safe</p> <p><b>Democracy</b> <b>Rule of Law</b> <b>Respect</b> <b>Tolerance</b> <b>Individual Liberty</b></p>	<p><b>Rights and Respect</b> Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1): recognising, spending, using Looking after money (2): saving money and keeping it safe</p> <p><b>Democracy</b> <b>Rule of Law</b> <b>Respect</b> <b>Tolerance</b> <b>Individual Liberty</b></p>	<p><b>Being my Best</b> Bouncing back when things go wrong Yes, I can! Healthy eating My healthy mind Move your body A good night's sleep</p> <p><b>Democracy</b> <b>Respect</b> <b>Tolerance</b> <b>Individual Liberty</b></p>	<p><b>Growing and Changing</b> Seasons Life stages - plants, animals, humans Life Stages: Human life stage - who will I be? Where do babies come from? Getting bigger Me and my body - girls and boys</p> <p><b>Respect</b> <b>Tolerance</b> <b>Individual Liberty</b></p>
Year 1	<p><b>Me and My Relationships</b> Why we have classroom rules?</p>	<p><b>Valuing Differences</b> Same or different? Unkind, tease or bully?</p>	<p><b>Keeping Safe</b> Healthy me Super sleep Who can help?</p>	<p><b>Rights and Respect</b> Around and about the school</p>	<p><b>Being my Best</b> I can eat a rainbow Eat well</p>	<p><b>Growing and Changing</b> Inside my body Who can help?</p>

	<p>Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening?</p> <p>Democracy Rule of Law Respect Tolerance Individual Liberty</p>	<p>Harold's school rules Who are our special people? It is not fair!</p> <p>Respect Tolerance Individual Liberty</p>	<p>Harrold loses Geoffrey</p> <p>Democracy Rule of Law Respect</p>	<p>Taking care of something Harold's money Basic first aid</p> <p>Democracy Rule of Law Respect</p>	<p>Catch it! Bin it! Kill it! Harold learns to ride his bike! Pass on the praise. Harold has a bad day</p> <p>Rule of Law Respect Tolerance Individual Liberty</p>	<p>Surprises and secrets</p> <p>Rule of Law Respect Individual Liberty</p>
Year 2	<p><b>Me and my Relationships</b> Our ideal classroom How are you feeling today? Let's all be happy! Being a good friend Types of bullying Don't do that! Bullying or teasing?</p> <p>Democracy Rule of Law Respect Tolerance</p>	<p><b>Valuing Differences</b> What makes us who we are? My special people How do we make others feel? When someone is feeling left out An act of kindness Solve the problem</p> <p>Democracy Respect Tolerance Individual Liberty</p>	<p><b>Keeping Safe</b> Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell?</p> <p>Democracy Rule of Law Respect</p>	<p><b>Rights and Respect</b> Getting on with others When I feel like erupting Feeling safe Playing games Harold saves for something special Harold goes camping How can we look after our environment?</p> <p>Democracy Respect Tolerance Individual Liberty</p>	<p><b>Being my Best</b> You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom What does my body do? My body needs... Basic first aid</p> <p>Democracy Respect Individual Liberty</p>	<p><b>Growing and Changing</b> A helping hand Sam moves away Haven't you grown! My body, your body Respecting privacy Some secrets should never be kept</p> <p>Rule of Law Respect Tolerance Individual Liberty</p>

	<b>Individual Liberty</b>					
Year 3	<p><b>Me and my Relationships</b> As a rule Looking after our special people How can we solve this problem? Tangram team challenge Friends are special Thunks Dan's dare My special pet</p> <p><b>Democracy</b> <b>Rule of Law</b> <b>Respect</b> <b>Tolerance</b> <b>Individual Liberty</b></p>	<p><b>Valuing Differences</b> Respect and challenge Family and friends My community Our friends and neighbours Let's celebrate our differences Zeb</p> <p><b>Respect</b> <b>Tolerance</b> <b>Individual Liberty</b></p>	<p><b>Keeping Safe</b> Safe or unsafe? Danger or risk? The Risk robot Super Searcher Help or harm? Alcohol and cigarettes: the facts Raisin challenge</p> <p><b>Rule of Law</b> <b>Individual Liberty</b></p>	<p><b>Rights and Respect</b> Helping each other to stay safe Recount task Our helpful volunteers Can Harold afford it? Earning money Harold's environment project Let's have a tidy up!</p> <p><b>Democracy</b> <b>Rule of Law</b> <b>Respect</b> <b>Individual Liberty</b></p>	<p><b>Being my Best</b> Derek cooks dinner! (healthy eating) Poorly Harold Body team work For or against? I am fantastic! Top talents Getting on with your nerves!</p> <p><b>Respect</b> <b>Tolerance</b> <b>Individual Liberty</b></p>	<p><b>Growing and Changing</b> Relationship tree Body space None of your business! Secret or surprise? Basic first aid</p> <p><b>Rule of Law</b> <b>Respect</b> <b>Individual Liberty</b></p>
Year 4	<p><b>Me and my Relationships</b> Human machines Ok or not ok? An email from Harold! Different feelings When feelings change Under pressure</p>	<p><b>Valuing Differences</b> Can you sort it? What would I do? The people we share our world with That is such a stereotype! Friend or acquaintance? Islands</p>	<p><b>Keeping Safe</b> Danger, risk or hazard? How dare you! Keeping ourselves safe Raisin challenge Picture wise Medicines: check the label</p>	<p><b>Rights and Respect</b> Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Harold's expenses Why pay taxes?</p>	<p><b>Being my Best</b> What makes me ME! Making choices SCARF hotel Harold's Seven Rs My school community Basic first aid Volunteering is cool</p>	<p><b>Growing and Changing</b> Moving house My feelings are all over the place! All change! My changing body (Year 3) Preparing for changes at puberty</p>

	<p>Democracy Respect Tolerance Individual Liberty</p>	<p>Democracy Respect Tolerance Individual Liberty</p>	<p>Know the norms Traffic lights</p> <p>Democracy Rule of Law</p>	<p>Logo quiz</p> <p>Democracy Rule of Law Respect</p>	<p>Democracy Rule of Law Respect Individual Liberty</p>	<p>Secret or surprise? Together</p> <p>Rule of Law Respect Tolerance</p>
Year 5	<p><b>Me and my Relationships</b> Collaboration Challenge! Give and take Communication How good a friend are you? Relationship cake recipe Our emotional needs Being assertive</p> <p>Democracy Rule of Law Respect Tolerance Individual Liberty</p>	<p><b>Valuing Differences</b> Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? Stop, start, stereotypes It could happen to anyone</p> <p>Democracy Respect Tolerance Individual Liberty</p>	<p><b>Keeping Safe</b> Spot bullying Play, like, share Decision dilemmas Ella's diary dilemma Vaping: healthy or unhealthy? Would you risk it? 'Thinking' about habits Drugs: true or false? Smoking: what is normal?</p> <p>Democracy Rule of Law Individual Liberty</p>	<p><b>Rights and Respect</b> What's the story? Fact or opinion? Mo makes a difference Rights, respect and duties Spending wisely Lend us a fiver! Local councils</p> <p>Democracy Rule of Law Respect</p>	<p><b>Being my Best</b> It all adds up! Different skills My school community Independence and responsibility Star qualities? Basic first aid, including Sepsis Awareness</p> <p>Rule of Law Respect Individual Liberty</p>	<p><b>Growing and Changing</b> How are they feeling? Taking notice of our feelings Dear Ash Growing up and changing bodies Changing bodies and feelings Help! I'm a teenager - get me out of here! Dear Hetty</p> <p>Rule of Law Respect Individual Liberty</p>
Year 6	<p><b>Me and my Relationships</b> Working together</p>	<p><b>Valuing Differences</b> OK to be different</p>	<p><b>Keeping Safe</b> Think before you click!</p>	<p><b>Rights and Respect</b> Two sides to every story Fakebook friends</p>	<p><b>Being my Best</b> This will be your life!</p>	<p><b>Growing and Changing</b> I look great!</p>

	<p>Let's negotiate Solve the friendship problem Dan's day Behave yourself Assertiveness skills Don't force me Acting appropriately</p> <p><b>Growing and Changing/Sex and Relationships Education</b> How can I be clean and healthy as my body starts to change?</p> <p>Democracy Rule of Law Respect Tolerance Individual Liberty</p>	<p>We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? - challenging gender stereotypes</p> <p><b>Growing and Changing/Sex and Relationships Education</b> Puberty – how is my body changing? (physically) Is this normal?</p> <p>Democracy Respect Tolerance</p>	<p>It's a puzzle To share or not to share? Rat Park What sort of drug is...? Drugs: it's the law! Alcohol: what is normal? Joe's story</p> <p><b>Growing and Changing/Sex and Relationships Education</b> Male and Female reproductive systems Menstruation</p> <p>Rule of Law Individual Liberty</p>	<p>What's it worth? Jobs and taxes Happy shoppers - caring for the environment Action stations! Project Pitch Democracy in Britain 1 – Elections Democracy in Britain 2 - How (most) laws are made</p> <p><b>Growing and Changing/Sex and Relationships Education</b> Emotional Changes/Hormones Relationships and friendships</p> <p>Democracy Rule of Law Individual Liberty</p>	<p>Our recommendations What's the risk? Basic first aid, including Sepsis Awareness Five Ways to Wellbeing project</p> <p><b>Growing and Changing/Sex and Relationships Education</b> Media manipulation Pressure online Peer-pressure</p> <p>Respect Tolerance Individual Liberty</p>	<p>Helpful or unhelpful? Managing change</p> <p><i>(continue with any unfinished units)</i></p> <p>Democracy Rule of Law Respect Tolerance Individual Liberty</p>
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