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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Reception | **Me and My Relationships**  All about me  What makes me special  Me and my special people  Who can help me?  My feelings  My feelings (2) | **Valuing Differences**  I'm special, you're special  Same and different  Same and different families  Same and different homes  I am caring  I am a friend | **Keeping Safe**  What's safe to go onto my body  Keeping Myself Safe - What's safe to go into my body (including medicines)  Safe indoors and outdoors  Listening to my feelings  Keeping safe online  People who help to keep me safe | **Rights and Respect**  Looking after my special people  Looking after my friends  Being helpful at home and caring for our classroom  Caring for our world  Looking after money (1): recognising, spending, using  Looking after money (2): saving money and keeping it safe | **Being my Best**  Bouncing back when things go wrong  Yes, I can!  Healthy eating  My healthy mind  Move your body  A good night's sleep | **Growing and Changing**  Seasons  Life stages - plants, animals, humans  Life Stages: Human life stage - who will I be?  Where do babies come from?  Getting bigger  Me and my body - girls and boys |
| Year 1 | **Me and My Relationships**  Why we have classroom rules?  Thinking about feelings  Our feelings  Feelings and bodies  Our special people balloons  Good friends  How are you listening? | **Valuing Differences**  Same or different?  Unkind, tease or bully?  Harold’s school rules  Who are our special people?  It is not fair! | **Keeping Safe**  Healthy me  Super sleep  Who can help?  Harrold loses Geoffrey | **Rights and Respect**  Around and about the school  Taking care of something  Harold’s money  Basic first aid | **Being my Best**  I can eat a rainbow  Eat well  Catch it! Bin it! Kill it!  Harold learns to ride his bike! Pass on the praise.  Harold has a bad day | **Growing and Changing**  Inside my body  Who can help?  Surprises and secrets |
| Year 2 | **Me and my Relationships**  Our ideal classroom  How are you feeling today?  Let's all be happy!  Being a good friend  Types of bullying  Don't do that!  Bullying or teasing? | **Valuing Differences** What makes us who we are?  My special people  How do we make others feel?  When someone is feeling left out  An act of kindness  Solve the problem | **Keeping Safe**  Harold's picnic  How safe would you feel?  What should Harold say?  I don't like that!  Fun or not?  Should I tell? | **Rights and Respect**  Getting on with others  When I feel like erupting  Feeling safe  Playing games  Harold saves for something special  Harold goes camping  How can we look after our environment? | **Being my Best**  You can do it!  My day  Harold's postcard - helping us to keep clean and healthy  Harold's bathroom  What does my body do?  My body needs...  Basic first aid | **Growing and Changing**  A helping hand  Sam moves away  Haven't you grown!  My body, your body  Respecting privacy  Some secrets should never be kept |
| Year 3 | **Me and my Relationships**  As a rule  Looking after our special people  How can we solve this problem?  Tangram team challenge  Friends are special  Thunks  Dan's dare  My special pet | **Valuing Differences**  Respect and challenge  Family and friends  My community  Our friends and neighbours  Let's celebrate our differences  Zeb | **Keeping Safe**  Safe or unsafe?  Danger or risk?  The Risk robot  Super Searcher  Help or harm?  Alcohol and cigarettes: the facts  Raisin challenge | **Rights and Respect**  Helping each other to stay safe  Recount task  Our helpful volunteers  Can Harold afford it?  Earning money  Harold's environment project  Let's have a tidy up! | **Being my Best**  Derek cooks dinner! (healthy eating)  Poorly Harold  Body team work  For or against?  I am fantastic!  Top talents  Getting on with your nerves! | **Growing and Changing**  Relationship tree  Body space  None of your business!  Secret or surprise?  Basic first aid |
| Year 4 | **Me and my Relationships**  Human machines  Ok or not ok?  An email from Harold!  Different feelings  When feelings change  Under pressure | **Valuing Differences**  Can you sort it?  What would I do?  The people we share our world with  That is such a stereotype!  Friend or acquaintance?  Islands | **Keeping Safe**  Danger, risk or hazard?  How dare you!  Keeping ourselves safe  Raisin challenge  Picture wise  Medicines: check the label  Know the norms  Traffic lights | **Rights and Respect**  Who helps us stay healthy and safe?  It's your right  How do we make a difference?  In the news!  Safety in numbers  Harold's expenses  Why pay taxes?  Logo quiz | **Being my Best**  What makes me ME!  Making choices  SCARF hotel  Harold's Seven Rs  My school community  Basic first aid  Volunteering is cool | **Growing and Changing**  Moving house  My feelings are all over the place!  All change!  My changing body  (Year 3) Preparing for changes at puberty  Secret or surprise?  Together |
| Year 5 | **Me and my Relationships**  Collaboration Challenge!  Give and take  Communication  How good a friend are you?  Relationship cake recipe  Our emotional needs  Being assertive | **Valuing Differences**  Qualities of friendship  Kind conversations  Happy being me  The land of the Red People  Is it true?  Stop, start, stereotypes  It could happen to anyone | **Keeping Safe**  Spot bullying  Play, like, share  Decision dilemmas  Ella's diary dilemma  Vaping: healthy or unhealthy?  Would you risk it?  'Thunking' about habits  Drugs: true or false?  Smoking: what is normal? | **Rights and Respect**  What's the story?  Fact or opinion?  Mo makes a difference  Rights, respect and duties  Spending wisely  Lend us a fiver!  Local councils | **Being my Best**  It all adds up!  Different skills  My school community  Independence and responsibility  Star qualities?  Basic first aid, including Sepsis Awareness | **Growing and Changing**  How are they feeling?  Taking notice of our feelings  Dear Ash  Growing up and changing bodies  Changing bodies and feelings  Help! I'm a teenager - get me out of here!  Dear Hetty |
| Year 6 | **Me and my Relationships**  Working together  Let's negotiate  Solve the friendship problem  Dan's day  Behave yourself  Assertiveness skills  Don't force me  Acting appropriately  **Growing and Changing/Sex and Relationships Education**  How can I be clean and healthy as my body starts to change? | **Valuing Differences**  OK to be different  We have more in common than not  Respecting differences  Tolerance and respect for others  Advertising friendships!  Boys will be boys? - challenging gender stereotypes  **Growing and Changing/Sex and Relationships Education**  Puberty – how is my body changing? (physically)  Is this normal? | **Keeping Safe**  Think before you click!  It's a puzzle  To share or not to share?  Rat Park  What sort of drug is...?  Drugs: it's the law!  Alcohol: what is normal?  Joe's story  **Growing and Changing/Sex and Relationships Education**  Male and Female reproductive systems  Menstruation | **Rights and Respect**  Two sides to every story  Fakebook friends  What's it worth?  Jobs and taxes  Happy shoppers - caring for the environment  Action stations!  Project Pitch  Democracy in Britain 1 – Elections Democracy in Britain 2 -How (most) laws are made  **Growing and Changing/Sex and Relationships Education**  Emotional Changes/Hormones  Relationships and friendships | **Being my Best**  This will be your life!  Our recommendations  What's the risk?  Basic first aid, including Sepsis Awareness  Five Ways to Wellbeing project  **Growing and Changing/Sex and Relationships Education**  Media manipulation  Pressure online  Peer-pressure | **Growing and Changing**  I look great!  Helpful or unhelpful? Managing change  *(continue with any unfinished units)* |