

Compassion  
Noticing a need



Compassion- What does it mean?

'com' means 'with'

'passion' can mean 'with suffering'

'Compassion' means being with someone who is suffering, or sad, trying to understand how they might be feeling and showing that you care about them.

In the Bible, it says, "Clothe yourself with compassion, kindness, humility, gentleness and patience."

Colossians 3.12



St Paul wrote these words over 2,000 years ago. He is saying, when you put your clothes on in the morning, imagine you are clothing yourself with the attitudes of compassion, kindness, humility, gentleness and patience.

The children looked at an image of a child feeling upset, with another child supporting him. They talked about what might have happened to the child who was upset and why he felt sad.

After that, six Year 6 children acted out three different scenarios and the children all talked about what they would say to show compassion. The children sang, 'Teach me to dance,' beautifully. <https://www.youtube.com/watch?v=iMeAyiZ1niE>



Can you think of a time when someone showed you compassion?  
I wonder if the person who showed compassion to us knows we are really grateful?

Should we all be putting the clothes of compassion on every day?



### [Teach Me to Dance to the Beat of Your Heart \[with lyrics for congregations\]](https://www.youtube.com/watch?v=iMeAyiZ1niE)

"Teach Me to Dance to the Beat of Your Heart" was written by the English hymn writer Graham Kendrick and published in 1993. It is performed here by Graham Kendrick.

[www.youtube.com](https://www.youtube.com)

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