



# Family Safeguarding

Supporting families  
to succeed in  
Lancashire

Lancashirefamily safeguarding  
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Welcome back to the fifth edition of the **Lancashire Family Safeguarding Newsletter**.

### Our Vision

The **Family Safeguarding** model is a way of keeping families together where it is safe to do so. This is achieved through a more collaborative way of working where we motivate parents to identify the changes needed within their own families. This helps achieve better outcomes for children.

### Updates on Progress

October has seen the commencement of the **Lancashire Family Safeguarding Implementation Workshops** being delivered by Hertfordshire County Council. To date, we have trained 550 staff in '**What is Family Safeguarding**' with a further 150+ staff due to be trained by the end of October. A further session will take place in November for those who were not able to attend. The second workshop for staff on '**Thresholds, Duties and Family Rights**' has been attended by over 100 people in October, with a further 160 people due to be trained by the end of December.

The **Motivational Interviewing** training programme continues with 218 staff trained to date and a further 80+ staff to be trained by the end of December.

Additional **Motivational Interviewing** programmes are in the process of being commissioned to allow further opportunity for priority staff and colleagues within the Safeguarding and Assessment Teams to apply.

### Raising awareness on Mental Health

According to the Mental Health Foundation, almost half of the UK population (45%) has felt anxious or worried in the early weeks of August. This will have been in no small part due to adapting to living with Covid-19 and this has been a struggle to many. As the **leading provider of Mental Health Services** for the population of Lancashire, **Lancashire & South Cumbria NHS Foundation Trust** have had to adapt for their service users and to ensure that staff can continue to help at a time when it is much needed. In recognition of this, the Trust took action, first launching the **Wellbeing Helpline and Texting Service**, staffed by volunteers and those with lived experience to offer emotional support to those who are feeling lonely and want to have a chat about their mental health. It was then followed up by the **Mental Health Crisis Line**, a phone line manned 24 hours a day, 7 days a week by trained mental health professionals who are able to provide assessment and referrals to appropriate services for those who need urgent help.

[Visit the LSCFT website to find out more about the services we offer to those in Lancashire.](#)

### Are you feeling lonely?

Call the Wellbeing Helpline on 0800 915 4640 or by text "Hello" to 07860 022846 and someone will be there to talk. Monday to Friday 7pm - 11pm and Saturday to Sunday 12pm – Midnight.

### Are you in mental health crisis and need urgent help?

Our Mental Health Crisis Line is available 24 hours a day, 7 days a week by calling 0800 953 0110.

## Shaping the future of Early Help

Lancashire County Council's Children and Family Wellbeing Service are currently going through a service review that is part of wider changes within Children's Services. Early Help will be aligned with Children's Social Care multi-agency Family Safeguarding Teams and have a role as partners within the 'Team around the School'. Early Help will operate on 4 main work themes for children, young people and families across Lancashire:

**Family Intensive Support** – Family Support Workers will hold a caseload and work directly with children, young people and their families. Family Support Workers will undertake assessments, co-produce smart action plans with families and work alongside partners through a 'Team around the Family' approach to achieve positive outcomes for children and young people. Casework will respond to needs at a universal and intensive support level, with a leaning to more complex cases.

**Community Support** – Working within the 'Team around the School' clusters, offering advice, guidance and consultation with the aim of supporting professionals to support children, young people and their families. Family Support Workers will hold a caseload and work directly with children, young people and their families. Family Support Workers will undertake assessments, co-produce smart action plans with families and work alongside partners through a 'Team around the Family' approach to achieve positive outcomes for children and young people. Casework will respond to needs at a universal + and intensive support level, with a leaning to more complex cases.

**Targeted Youth Support** – Youth Work offer will be aligned with the 'Team around the School' arrangements and the work of the 13+ teams within Children's Social Care. The purpose of this work will be to address needs across the continuum and provide opportunities for engagement and participation. Youth Workers will deliver their work alongside Family Support Workers, Neighbourhood Group Workers and partner agencies, integral to a 'Team around the Family' Approach.

**Neighbourhood Support** – Evidenced based programmes will continue to focus on support for parents and their children aged 0 to 11 years whose needs are Universal+ and above. The range of programmes will be based on a streamlined curriculum framework linked to public health outcomes and reducing the escalation of needs for children and young people. Programmes will be delivered in Neighbourhood Centres, Schools, Community Centres and virtually, online.

## For your information

The Leadership Team for Education and Children's Services are continuing to receive regular updates to brief their respective management teams. We are aware that there is still significant learning required around **Family Safeguarding** so to provide consistency, an approved power point presentation has been produced to promote and provide a shared understanding. If anyone would like a copy of the presentation, please contact us so we can consider your request. Please send any suggestions, content, or feedback to [lancashirefamily.safeguarding@lancashire.gov.uk](mailto:lancashirefamily.safeguarding@lancashire.gov.uk)

## FAQs

Any enquires or suggestions received in the **Lancashire Family Safeguarding** mailbox will be considered and added to the FAQ section.