PSHE – The Relationship tree

Introduction

We have lots of different types of relationships.

Tell each other who you have a relationship with.

You might want to jot these down on some scrap paper. See how many different types of relationships you have. [e.g. pets, parents/carers, siblings, aunts, friends, leaders of groups outside school such as gym coach etc.]

Think about how we greet (say hello to) the people we have a relationship with. Do we treat them all in the same way?

How do we greet our parents/carers? Friends? Brothers/sisters? Grandma? Shopkeeper? Pet? Football coach? Teacher?

We have different relationships with different groups of people.

Activity - Relationship tree

The class are going to make their own tree on A3 paper, either cutting or colouring in the colours mentioned below and labelling.

1. Green leaves

Ask the children to write on the green leaves 5 things (one word per leaf) that can make a positive, healthy relationship, e.g. ***trust***.

2. Branches

Choose a leaf from a child, read it out and ask the class to suggest ways to achieve this e.g. for ***trust***this might be '...*being able to talk to the person about anything*.' The child (and any other who has ***trust***on a leaf) can write down one of these suggestions on a brown branch.

Repeat this process a few more times until  the children get the hang of what to do.

They can then write on the branches ways to achieve the words (how to have a positive relationship) on their leaves.

3. Roots

On the roots, write down the different people you have these relationships with e.g. Mum, friend, gran, Dad.

4. Brown leaves

Finally, discuss what sort of things can make a relationship negative or unhealthy e.g. promises get broken, when people get angry all the time. Write these down on the 3 brown leaves.

Plenary

Put your tree together: The branch strips make up the trunk and branches of the tree. The green leaves hang onto the branches. The roots spread across the bottom of the tree to anchor it. The brown leaves are falling.

Review the lesson by asking the class how we can help to look after relationships and also what we should expect from others.