

## Grimsargh St Michael's PSHCE Half Termly Units

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<b>Me and My Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Myself Safe</b>	<b>Rights and Responsibilities</b>	<b>Being My Best</b>	<b>Growing and Changing</b>
<b>Reception</b>	All about me What makes me special Me and my special people Who can help me? My feelings	I'm special, you're special Same and different Same and different families Same and different homes Kind and caring	What's safe to go onto my body Keeping Myself Safe - What's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings Keeping safe online People who help to keep me safe	Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money: recognising, spending, using	Bouncing back when things go wrong Yes, I can! Healthy eating (1) Move your body A good night's sleep	Seasons Life stages - plants, animals, humans Life Stages: Human life stage - who will I be? Getting bigger
<b>Year 1</b>	Why we have classroom rules Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening?	Same or different? Unkind, tease or bully? Harold's school rules Who are our special people? It is not fair!	Healthy me Super sleep Who can help? Harold loses Geoffrey What could Harold do?	Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid	I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Harold has a bad day	Inside my wonderful body Taking care of a baby Then and now Who can help? Surprises and secrets

<p><b>Year 2</b></p>	<p>Our ideal classroom How are you feeling today? Bullying or teasing? Don't do that! Types of bullying Being a good friend Let's all be happy!</p>	<p>What makes us who we are? How do we make others feel? My special people When someone is feeling left out An act of kindness Solve the problem</p>	<p>Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Some secrets should never be kept</p>	<p>Getting on with others When I feel like erupting Feeling safe How can we look after our environment? Harold saves for something special Harold goes camping</p>	<p>You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom My body needs... What does my body do?</p>	<p>A helping hand Sam moves house Haven't you grown! Basic first aid</p>
<p><b>Year 3</b></p>	<p>As a rule My special pet Tangram team challenge Looking after our special people How can we solve this problem? Dan's dare Friends are special</p>	<p>Family and friends My community Respect and challenge Our friends and neighbours Let's celebrate our differences</p>	<p>Safe or unsafe? Danger or risk? The Risk Robot Alcohol and cigarettes: the facts Super Searcher None of your business! Help or harm?</p>	<p>Our helpful volunteers Helping each other to stay safe Recount task Harold's environment project Can Harold afford it? Earning money</p>	<p>Derek cooks dinner! (healthy eating) Poorly Harold For or against? I am fantastic! Getting on with your nerves! Body team work Top talents</p>	<p>Relationship Tree Body space Secret or surprise? My changing body Basic first aid</p>
<p><b>Year 4</b></p>	<p>An email from Harold! Ok or not ok? Human machines Different feelings When feelings change Under pressure</p>	<p>Can you sort it? Islands Friend or acquaintance? What would I do? The people we share our world with That is such a stereotype!</p>	<p>Danger, risk or hazard? Picture Wise How dare you! Medicines: check the label Know the norms Keeping ourselves safe</p>	<p>Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Logo quiz Harold's expenses Why pay taxes?</p>	<p>What makes me ME! Making choices SCARF Hotel Harold's Seven Rs My school community Basic first aid</p>	<p>Moving house My feelings are all over the place! All change! Secret or surprise? Together</p>

<p>Year 5</p>	<p>Collaboration Challenge! Give and take How good a friend are you? Relationship cake recipe Being assertive Our emotional needs Communication</p>	<p>Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? It could happen to anyone</p>	<p>'Thinking' about habits Jay's dilemma Spot bullying Ella's diary dilemma Decision dilemmas Play, like, share Drugs: true or false? Smoking: what is normal? Would you risk it?</p>	<p>What's the story? Fact or opinion? Rights, responsibilities and duties Mo makes a difference Spending wisely Lend us a fiver! Local councils</p>	<p>Getting fit It all adds up! Different skills My school community (2) Independence and responsibility Star qualities? Basic first aid</p>	<p>How are they feeling? Taking notice of our feelings Dear Hetty Changing bodies and feelings It could happen to anyone Help! I'm a teenager - get me out of here! Dear Ash Stop, start, stereotypes</p>
<p>Year 6</p>	<p>Working together Let's negotiate Solve the friendship problem Assertiveness skills Behave yourself Dan's day Don't force me Acting appropriately It's a puzzle</p>	<p>OK to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? - challenging gender stereotypes</p>	<p>Think before you click! Traffic lights To share or not to share? Rat Park What sort of drug is...? Drugs: it's the law! Alcohol: what is normal? Joe's story</p>	<p>Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations! Project Pitch Happy shoppers Democracy in Britain 1 - Elections Democracy in Britain 2 - How (most) laws are made</p>	<p>Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) Basic first aid</p>	<p>SRE Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal? Dear Ash</p>